



WaMH in PC Wales Mental Health in Primary Care

WaMH in PC The Gold Standards Programme

Making Trust, Communication and Person Centredness a Reality in Daily Practice



WaMH in PC Wales Mental Health in Primary Care

- What we will cover
- Why have one?
- What is it?
- What do we hope to achieve?
- What are our future plans?



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- WHY HAVE ONE?
- Primary care mental health has historically had a low priority
- Other areas of primary care skills have been improved by campaigns and new structures (EOLC, Diabetes etc)
- 80% of mental health care occurs in primary care
- Only 30% of GP's have had post graduate training in mental health
- GP's appear to have had concerns about confidence and competence in this area of work even though it takes up considerable amounts of their working day
- Changes to mental health services have meant that traditional care pathways have been radically changed
- No one else seems to have grasped the need to improve skills, knowledge and attitudes in this important area



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- WHAT IS IT?
- A group of complementary work streams covering areas such as equality issues, primary/secondary care interface, essential characteristics of a service, patient views of services, camhs, etc



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- 5 MAIN ATTRIBUTES OR AIMS
- The Mental Health and General Well-being of All the People of Wales - Attribute 1
- Recovery Through Services that Have the Appropriate Values and Evidence Base - Attribute 2
- Research and Development - Attribute 3
- Good Practice by Engaging with Individuals - Attribute 4
- Person-Centred Approaches - Attribute 5



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- IN ADDITION WE DEVELOPED
- Welsh declaration for mental health and well-being
- Three hallmarks
- TRUST
- COMMUNICATION
- PATIENT CENTREDNESS
- Regular information sheets
- Two surveys of attitudes to primary care mental health
- Website
- Bursary awards



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- WHAT DO WE HOPE TO ACHIEVE?
- Improve services for patients
- Raise knowledge and skills
- Improve access to training and information
- Lobby and influence policy makers
- Make primary care mental health a key area for primary care staff



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- WHAT ARE OUR FUTURE PLANS
- Work with implementation leads
- Provide support and networking for new primary care mental health workers
- Develop more training around Dementia and CAMHS
- Continue developing information sheets
- Develop modular training package ? Diploma
- Awards for excellence



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- What else can we do to help you?
- How can we best support Part 1 of the measure?
- What should we be doing that we aren't already?



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- Diploma in primary care mental health
- What should it look like?
- Who should it be aimed at?
- How should it be structured?
- How should it be paid for?
- How many of you would be interested?



- ANY QUESTIONS??