

WaMH in PC Wales Mental Health in Primary Care

**A Practice Sharing Day
to support the
implementation of services under
Part 1 of the Mental Health (Wales)
Measure 2010**

Making Trust, Communication and Person Centredness a Reality in Daily Practice

LHBs and Local Authorities Working Together

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Deputy Chief Executive/ Director of Primary
Care, Cwm Taf LHB

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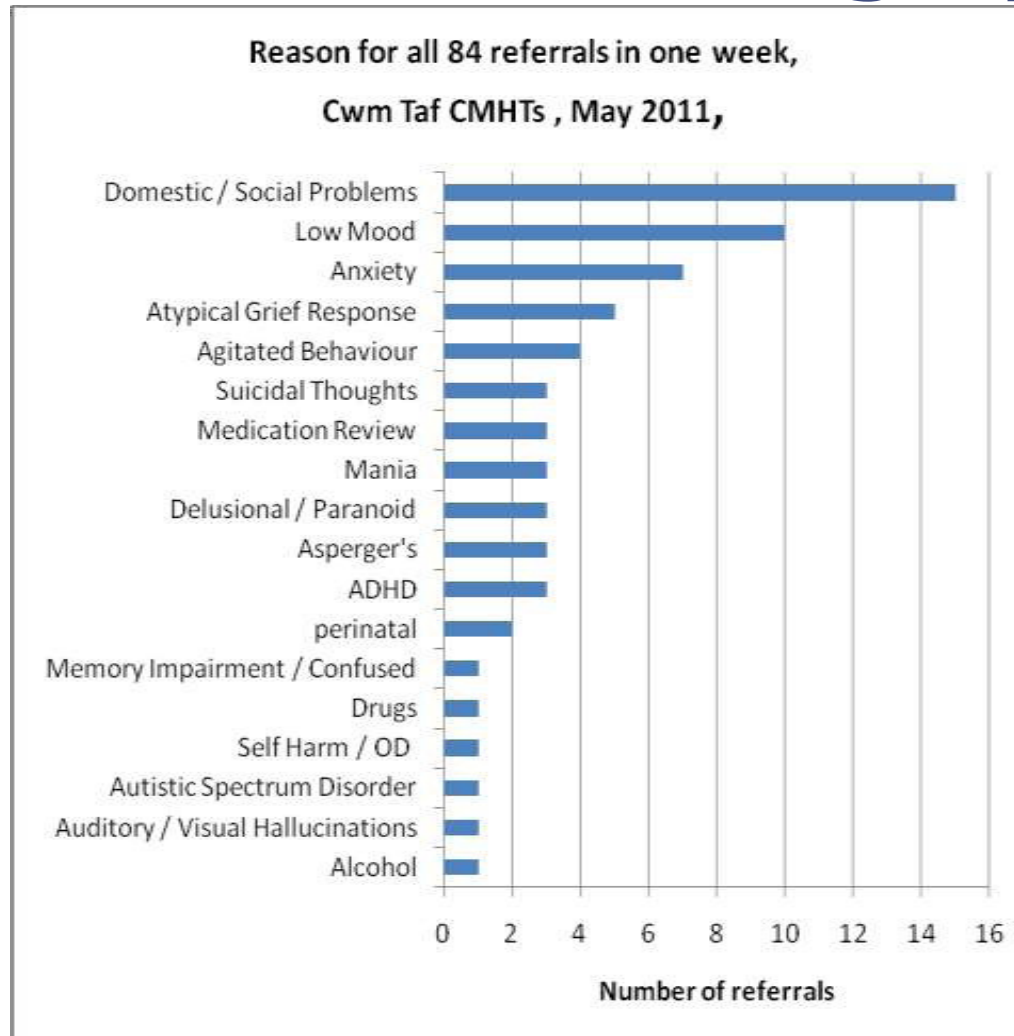
Preventing ill health, protecting good health, promoting better health



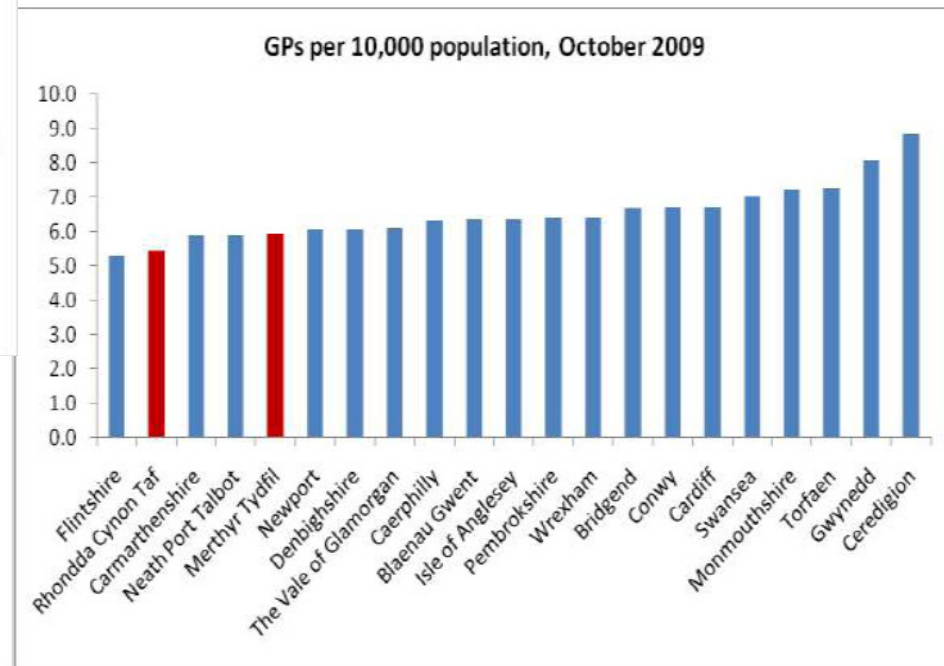
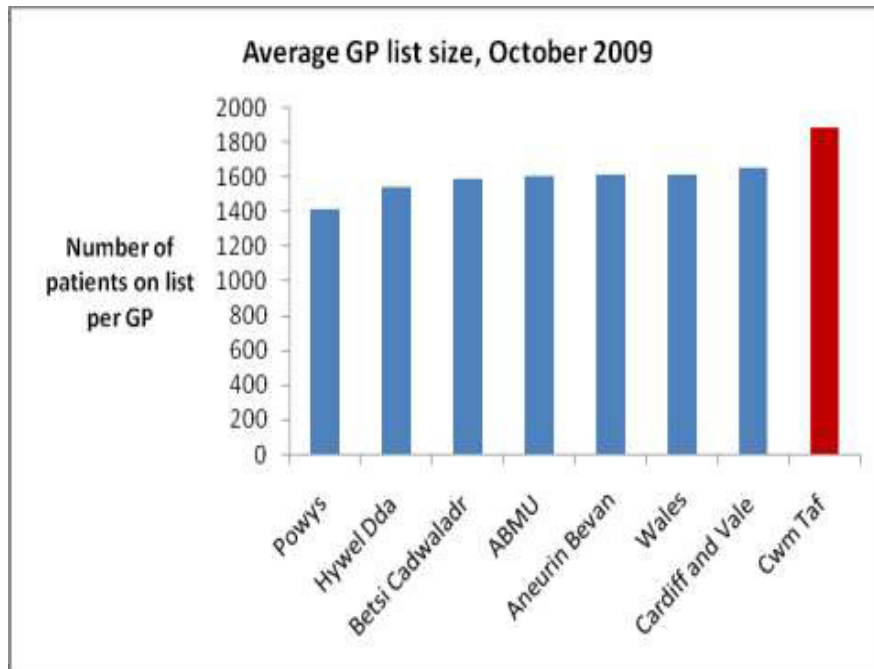
Cwm Taf – The Demographics

	Women	Men
Mixed anxiety & depressive disorder	13,200	7,800
Generalised anxiety disorder	6,000	4,700
Depressive episode	4,600	3,300
All phobias	3,200	1,300
Obsessive Compulsive Disorder	2,700	1,000
Panic Disorder	Not available	1,100
Any neurotic disorder	29,700	19,200

Cwm Taf – The Demographics



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Source: Health Statistics and Analysis Unit, Welsh Assembly Government 2011

Achievements to Date

- **Reconfiguration of mental health services and establishment of Assertive Outreach, Crisis Resolution and Home Treatment and Primary Care Liaison Services in Merthyr Tydfil and Cynon Valleys**
- **Joint 'Mental Health Development Manager' post**
- **'Stronger in Partnership' support for service user and carer involvement**
- **Partnership approach to service development and procurement of Voluntary Sector mental health services**

Achievements to Date

- **Appointment of Joint Mental Health Act Implementation Lead Officer**
- **Partnership approach to service development and procurement of Voluntary Sector mental health services**
- **Development of a multi agency Suicide & Self Harm Strategy and Response Protocol for Children and Young People**
- **Joint commissioning of CAMHS Primary Mental Health Team**
- **Development of 'Cwm Taf' Mental Health Strategy**



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What are we about?

Cwm Taf LHB and Rhondda Cynon Taf and Merthyr Tydfil Local Authorities have agreed to take a 'Regional Approach'

The Measure requires-

- Successful implementation of the Part 1 Scheme
- Working together effectively utilising existing relationships
- Further development of these relationships to deliver these new requirements



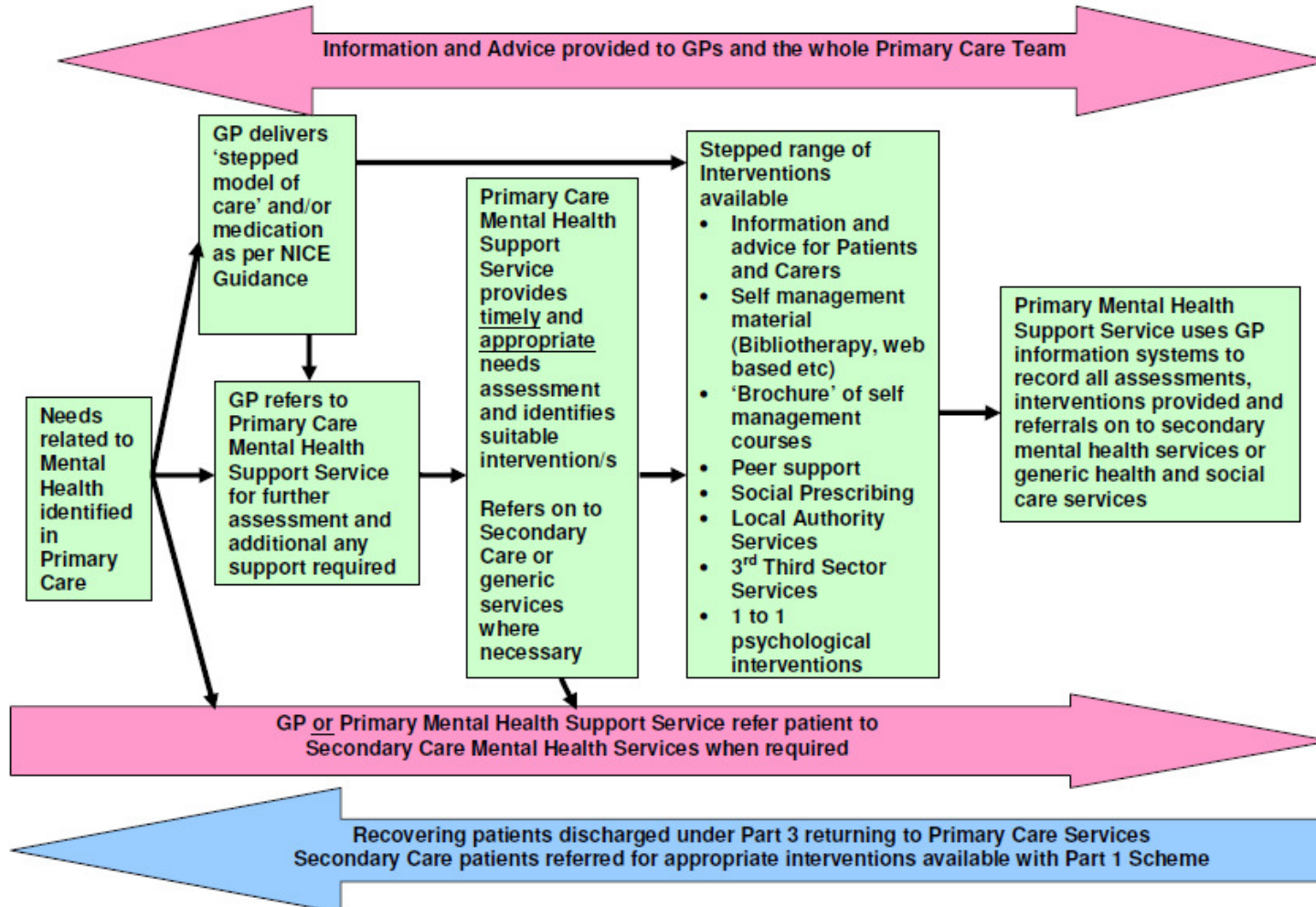
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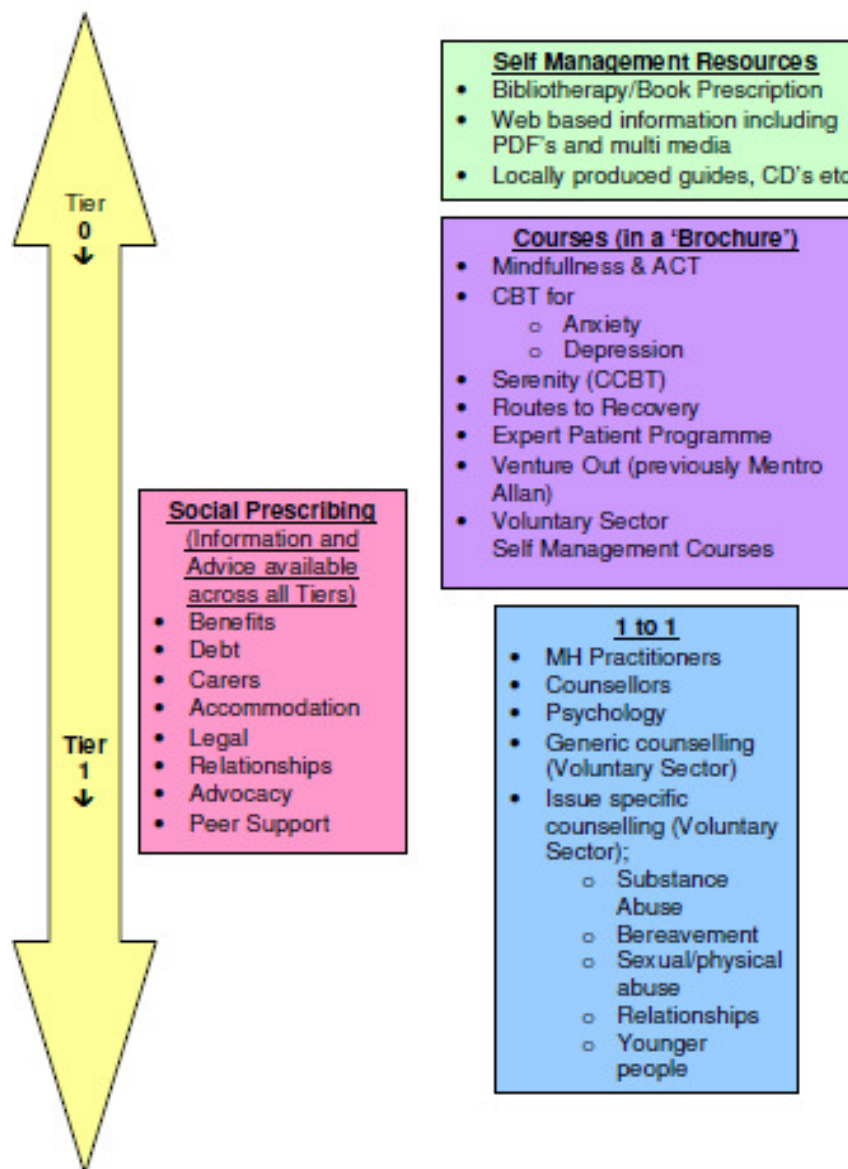
Principles of Part 1

- To provide timely and appropriate assessment and interventions for people of all ages
- Enhance primary care's ability to respond holistically to patients with mild to moderate mental illness
- Support the recovery model by providing improved access to secondary care services and support to those whose needs are stable and no longer require such services

Primary Care Mental Health Support Service - Pathway



Primary Care Mental Health Support Service - Interventions



Any Questions?

Bernardine Rees

Deputy Chief Executive/ Director of Primary
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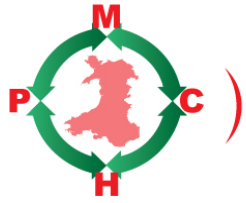
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